



Dear Parents,

For the safety and health of all students, copies of each girl's latest physical, immunizations, and permission for treatment in case of emergency MUST be on file in the office. Please visit the school website (www.nazacademy.org). Click on the Parents tab to find medical forms. Please print EACH FORM and complete. The Asthma plan, Epi pen administration, and medication administration forms may not apply to your daughter. Please print these even if not applicable. Just write N/A and initial each. This way we know that you are aware of these items and agree that they do not apply to your daughter. Each form is explained below.

Permission for Emergency Treatment

Please fill out and sign the Permission for Emergency Treatment form. This will allow the school, in case of emergency, to obtain medical care for your daughter while we are contacting you, or another emergency contact you have assigned.

Physicals

Here at Nazareth Academy every effort is made to ensure the safety and well being of every student and as such, **a yearly physical will be required of every student. A school physical is good for 13 months and must be immediately renewed upon expiration.** This will allow all students to participate in all intramural teams, extracurricular teams, and gym classes as well as athletics safely. Physical forms must be accompanied by a copy of your daughter's immunization record.

Nazareth Academy is a member of the MIAA and will continue to abide by all standards and by-laws of the MIAA. The Massachusetts Interscholastic Athletic Association Handbook issues the following statement regarding Student Eligibility: Physical Examinations Article 56.1:

ALL STUDENTS MUST PASS A PHYSICAL EXAMINATION WITHIN ONE YEAR OF EACH DAY OF ATHLETIC PARTICIPATION. A SPORTS PHYSICAL TERMINATES 13 months SUBSEQUENT TO ADMINISTERING AND MUST BE RENEWED IMMEDIATELY TO MAINTAIN ELIGIBILITY. PHYSICAL EXAMS MUST BE PERFORMED BY A DULY REGISTERED PHYSICIAN, PHYSICIAN'S ASSISTANT OR NURSE PRACTITIONER.

Immunizations

An up to date record of all immunizations will be submitted along with your daughter's physical records. Please note that there are some changes to the Massachusetts state

immunization requirements this year. The new requirements are on the school website with the other medical forms for your review.

Medication Administration

With the exception of rescue medication inhalers with prior authorization students are not allowed to carry medication on their person, or keep it in their lockers. This includes over the counter medications such as Tylenol or Motrin. Any medication needed by your daughter during the school day must be turned in to the school office with the appropriate paperwork.

Epi –Pens

If your daughter has a condition warranting the availability of an Epi-pen, please fill out the ALLERGIC EMERGENCY HEALTH MANAGEMENT PLAN sheet. Epi-pens will be kept in the school office, with a permission form. Each Epi-pen should be labeled with the student's name and prescription. NO STUDENT should be keeping an Epi-pen in her locker. In an emergency, she may not be able to safely access it. Teachers will be informed regarding students who may need an Epi-pen, and instructed how to quickly provide it to your daughter for her use in an emergency.

Inhalers, Asthma Rescue Medications

If your daughter has a condition which warrants the use of an inhaler during school hours, she may, with written parental permission and a good understanding of her health needs and reliability keep her inhaler with her. Nazareth Academy does recommend that any student requiring a rescue inhaler during the day obtain a spare to be kept in the school office. This would be for use in case your daughter requires it and cannot locate hers. It is easy for a girl to forget her inhaler at home, so a spare in case of emergency is STRONGLY recommended.

All forms are due to Mrs. Morrison in the office by August 29, 2011. NO student will be allowed to begin classes unless her medical paperwork has been received!!

Please contact Principal Morrison or Catherine Brewer, RN with any questions or concerns.

Thank you,

Phyllis Morrison, Principal

Catherine Brewer, R.N.